

v) Chickenpox is caused by

- (a) Varicella zoster virus
- (b) Salmonella typhi
- (c) Polio virus
- (d) Hepatitis B virus

3. Fill in the blanks :

1×5=5

- i) ___ is used on skin and mucous membrane to kill microorganisms.
- ii) A small room of 100 C feet requires about ___ for function .
- iii) The immune system is the body's way of protecting from ___.
- iv) Immunization is protects the children and adults against the ___.
- v) In 2012, India was declared free of ___ by WHO.

4. Write the full form : (any five)

1×5=5

- (a) BC4 (b) OPD (c) ANM (d) PHC
- (e) WHO (f) a.c (g) OD (h) BD

5. Match the column :

Akash Acharjee

1×5=5

- i) Intravenous (a) in the heart
- ii) Intracardiac (b) in the vein
- iii) Oral liquid medicines (c) Nitroglycerin
- iv) NT4 (d) Use a syringe or nipple

6. Write short note :

3×3=9

- a) Cold Chain b) BMW c) Geriatric care

7. Write 7 Rights of drug administration .

4

8. Why elderly people require special care .

3

Section - B

9. What is communication ? What are the types of communication explain any one .

1+2+2=5

10. What are the elements of communication .

3

11. What is self confidence .

2

District Level Internal Examination Committee, Tinsukia
Revisionary Examination, 2025-26

Class – X

Sub : Health Care

Total Marks – 50

Section – A

1. Write short Answer : 1×5=5
- What is vaccination ?
 - In which year universal immunization programme was started.
 - What is Antacid ?
 - What is nutrition life cycle ?
 - What is ageing ? *Akash Acharjee*
2. Choose the correct answer : 1×5=5
- Which of the following options are the causes of paralysis.
 - Spinal injury
 - Traumatic brain injury
 - Birth defects
 - All the above
 - Heart rate of child
 - 70 to 120 beats per minute
 - 60 to 100 beats per minute
 - 80 to 120 beats per minute
 - 90 to 100 beats per minute
 - Blood pressure (Systolic / diastolic) of teens
 - ranges from 130 to 135 / 60 to 85 mm Hg
 - ranges from 110 to 135 / 65 to 85 mm Hg
 - ranges from 120 to 135 / 65 to 85 mm Hg
 - All of the above
 - Contaminated water and food borne disease is
 - Yello fever
 - Typhoid fever
 - Malaria
 - Hepatitis